

ReadyWrap® The easy solution for self-care compression.

Support for Life*

ReadyWrap[®], the adjustable compression garments for patients with venous and lymphatic diseases in arms and legs.

Support patients for life with Ready Wrap®

Modular system – garments work effectively on their own or in combination Easy to use, apply and adjust^{3,4} – even with arthritic hands³

Empowers the patient to selfcare¹¹

Cost-effective alternative to bandaging via self-care¹¹

Saves time – reduces the need for clinic visits"

Carlos 1

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Improved concordance – well tolerated by patients⁴



Why choose ReadyWrap®

ReadyWrap[®] compression garment makes it easy to achieve clinically effective levels of compression¹, and offers the support patients need to manage their condition – not just today, but for life.



ReadyWrap® is better for patients Easy to use³, with colour-coded VELCRO[®] brand fasteners

- front-fastening short straps aid patient application and readjustment^{3,4}
- overlapping straps minimise user application error and can prevent undue loss of pressure if the patient does not apply the product perfectly¹
- easy and effective alternative to compression hosiery²
- all products are available in black or beige



ReadyWrap® is clinically effective Short stretch properties¹³ – therapeutic working and tolerable lower resting pressure

- positive outcomes for leg ulcers^{3,4,5} and lymphoedema⁴ patients
- effective in the management of recurrent swelling (oedema) and ulceration⁵
- excellent SSI of between 16 and 23, similar to inelastic bandages¹³
- 50% overlapping straps prevent gapping and can accommodate changing limb circumference to contain and control oedema^{4,5}



ReadyWrap® is cost-effective ReadyWrap® can provide cost savings associated with⁷⁻¹¹:

- time saved due to quicker and easier application of the device, in comparison to compression bandages
- reduced use of bandaging materials ReadyWrap can be washed and reused over a period of six months
- reducing clinic visits due to self-care at home
- reducing nursing time as it can be easily applied by the patient or their carer

ReadyWrap[®] Helps to make every days life easier.

ReadyWrap[®] takes a holistic approach to the therapy area, offering support to patients and healthcare professionals at every stage of the compression journey. We focus on a combination of a successful clinical treatment, time and cost reduction. L&R offers patients and healthcare professionals

Support for Life*

"ReadyWrap[®] is so easy for patients to use that it's helped our clinic to **reduce the number of treatment sessions** from 3 to 2 per week, and **cut treatment times by half,** compared to bandaging. My patients can regain their independence and we can keep a tight rein on costs."

Ellen, Skin and Oedema Therapist

"For compression therapy, I sometimes need to visit a patient a few times a week, which just isn't cost-effective. ReadyWrap[®] helped us to **reduce nursing time,** and also **reduce the swelling** so much that my patient could wear his boots and get back on his bike again."

Robert, Community Nurse



Please note: Each ReadyWrap lower limb garment is supplied with a Liner excluding the ReadyWrap Toes units. The Liners are designed to be used under ReadyWrap garments.

ReadyWrap[®] Compression system for lower limbs.

Colour coded short straps



ReadyWrap® Toes







- unique design allows for adjustable toe girths
- provide full foot coverage when paired with a ReadyWrap Foot unit
- left and right specific design provides enhanced contouring

ReadyWrap® Foot CT

- Ieft/right specific design, 2 lenghts and size XXL
- adjustable straps contour comfortably around the dorsum of the foot and ankle – ideal for moderate to severe oedema
- provides higher containment for dorsum swelling
- designed for containment and contouring without gapping



ReadyWrap[®] Compression system for lower limbs.



ReadyWrap[®] Calf



can be worn with compression hosiery for

additional support and protection

Wide blocked spine designed for comfort

Rear view

Wide blocked

- blocked spine reduces stretch and improves structural support
- overlaps Foot and Knee units to help prevent gapping



ReadyWrap® Thigh

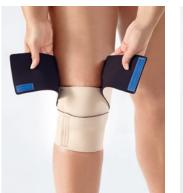


- low stretch material provides low resting and high working pressures from superior patella border to the groin
- proximal strap helps accommodate straight and conical thighs
- overlaps with the Knee unit to help prevent gapping

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ReadyWrap® Knee





- easy, three-strap design provides a comfortable fit reducing pinching and high pressure points
- overlaps Calf and Thigh units to help prevent gapping

ReadyWrap[®] Extender Strap



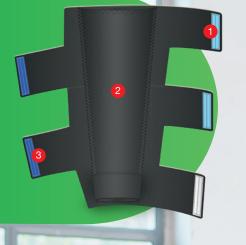
- provides an additional 10 cm to a standard ReadyWrap strap
- "Y" clamp design helps ensure a secure fit
- compatible with ReadyWrap Calf, Knee, and Thigh units

ReadyWrap[®] Liner



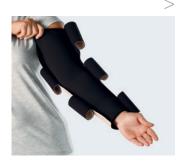
- for use under ReadyWrap to protect skin and for retention of wound dressings (liners themselves offer no therapeutic compression)
- elastic and smooth on the skin with improved rebound to shape after wear
- available in below knee and thigh length options

- pre-shaped curved straps adjust to the limb providing comfort and support
- inner liner arm sleeve for correct fitting
- 3 colour coded VELCRO[®] brand fasteners makes application easy



NO.

ReadyWrap[®] Compression system for upper limbs.





ReadyWrap® Arm



- double-sewn liner allows for easy, one-handed donning and doffing
- features a padded wrist and elbow to eliminate compression hot spots and provide additional comfort
- bilateral design contours to both left and right arms

ReadyWrap® Gauntlet

- provides coverage of the wrist and hand
- left/right specific design contours more naturally to the hand. Built-in padding for palm and dorsum helps provide consistent compression over bony prominences
- pocket design allows for foam pads to provide additional support
- the Gauntlet is designed to overlap the ReadyWrap Arm garment to reduce gapping











ReadyWrap® Measuring the lower limb.

Small

How to measure the leg:

Ask the patient to stand, if possible. Mark and measure the leg as follows:

Circumference points: cG 2 cm below Gluteal Fold

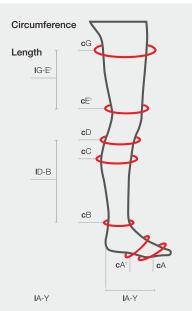
- 5 cm above the Knee
- 2-3 cm below Popliteal Fossa widest part of Calf сD сC
- сΒ 2 cm Above Malleolus
- $\mathbf{c}\mathsf{A}^1$ widest part around the
- dorsum of the foot
- сA around base of Toes

Medium

NB

Large

- Lengths: IA-Y heel to base of Toes $\mathbf{c} = \text{circumference}, \mathbf{I} = \text{length}$ ID-B the length between point cB All length measurements should be longi-(2 cm above the malleolus) and tudinal and should follow body contours. point cD (2 cm below popliteal All measurements to be in centimetres.
- , fossa) IG-E¹ the length between point $\mathbf{c}\mathsf{E}^1$ (5 cm above the knee) and point cG (2 cm below gluteal fold)



Extra Extra Large

Extra Large

ReadyWrap® Thigh					
(IG-E¹) (2 x lengths)	Groin Circumference (cG) 48-63 cm Above Knee Circumference (cE1) 38-48 cm	Groin Circumference (cG) 58-73 cm Above Knee Circumference (cE1) 45-58 cm	Groin Circumference (cG) 68-83 cm Above Knee Circumference (cE:) 52-68 cm	Groin Circumference (cG) 78-93 cm Above Knee Circumference (cE1) 59-78 cm	Groin Circumference (cG) 88-103 cm Above Knee Circumference (cE1) 66-88 cm
 Beige up to 25 cm Black up to 25 cm Beige up to 30 cm Black up to 30 cm 	104478 104479 104480 104481	104474 104475 104476 104477	104470 104471 104472 104473	104482 104483 104484 104485	104790 104791 104792 104793
ReadyWrap [®] Knee					
(one length – 20 cm)	Above Knee Circumference (cE ¹) 38-48 cm Below Knee Circumference (cD) 28-38 cm	Above Knee Circumference (cE ¹) 45-58 cm Below Knee Circumference (cD) 33-43 cm	Above Knee Circumference (cE) 52-68 cm Below Knee Circumference (cD) 38-48 cm	Above Knee Circumference (cE1) 59-78 cm Below Knee Circumference (cD) 43-58 cm	Above Knee Circumference (cE ¹) 66-88 cm Below Knee Circumference (cD) 53-68 cm
■ Beige ■ Black	104464 104465	104462 104463	104460 104461	104466 104467	104788 104789
ReadyWrap [®] Calf					
(ID-B) (2 x lengths)	Calf Circumference (cC) 28-38 cm Ankle Circumference (cB) 18-23 cm	Calf Circumference (cC) 33-43 cm Ankle Circumference (cB) 20-28 cm	Calf Circumference (cC) 38-48 cm Ankle Circumference (cB) 25-33 cm	Calf Circumference (cC) 43-58 cm Ankle Circumference (cB) 30-38 cm	Calf Circumference (cC) 53-68 cm Ankle Circumference (cB) 35-43 cm
 Beige up to 30 cm Black up to 30 cm Beige up to 35 cm Black up to 35 cm 	104450 104451 104452 104453	104446 104447 104448 104449	104442 104443 104444 104445	104454 104455 104456 104456 104457	104784 104785 104786 104787
ReadyWrap [®] Foot CT					
(A-Y) (2x lengths) (Side)	Ankle Circumference (cB) 18-23 cm Circumference (cA) 18-20.4 cm Circumference (cA ¹) 20-25 cm	Ankle Circumference (cE) 20-28 cm Circumference (cA) 20.5-23.5 cm Circumference (cA') 24-29 cm	Ankle Circumference (cB) 25-33 cm Circumference (cA) 23.6-26 cm Circumference (cA') 28-33 cm	Ankle Circumference (cB) 30-38 cm Circumference (cA) 26.1-28.5 cm Circumference (cA ¹) 32-37 cm	Ankle Circumference (cE) 35-43 cm Circumference (cA) 28.6-31 cm Circumference (cA ¹) 36-41 cm
Right Beige Reg 16-19 cm Right Black Reg 16-19 cm Left Beige Reg 16-19 cm Left Black Reg 16-19 cm Right Beige Long 19-22 cm Right Black Long 19-22 cm Left Beige Long 19-22 cm Left Black Long 19-22 cm	141727 141729 141726 141728 141747 141747 141749 141746 141748	141731 141733 141730 141732 141751 141751 141753 141750 141752	141735 141737 141734 141736 141755 141757 141757 141754 141756	141739 141741 141738 141740 141759 141761 141758 141758 141760	141743 141745 141742 141744 141763 141765 141762 141764

ReadyWrap®	Toes
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(cA)	Circumference	Circumference	Circumference	Circumference	Circumference
(Side)	(cA) 18.0-20.4 cm	(cA) 20.5-23.5 cm	(cA) 23.6-26.0 cm	(cA) 26.1-28.5 cm	(cA) 28.6-31.0 cm
Right ■ Beige	104416	104414	104412	104418	104420
Right ■ Black	104417	104415	104413	104419	104421
Left ■ Beige	104406	104404	104402	104408	104410
Left ■ Black	104407	104405	104403	104409	104411

ReadyWrap [®] Extender Strap	One size fits all
BeigeBlack	104740 104741

	Small – Large	X-Large – XX-Large	
	Ankle Circumference (cB) 18-33 cm Calf Circumference (cC) 28-48 cm Groin Circumference* (cG) 48-83 cm	Ankle Circumference (cE) 30-43 cm Calf Circumference (cC) 43-68 cm Groin Circumference* (cG) 78-103 cm	
Below knee Black	149032	149033	
Thigh high Black	149034	149035	

ReadyWrap® Measuring the upper limb.

Length IC-G

How to measure the arm:

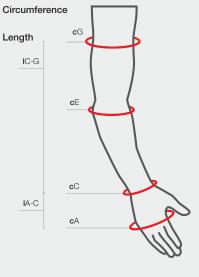
Measure the arm in a supported and relaxed position with the elbow slightly flexed. The measurement points refer to the following anatomical landmarks:

- **Circumference points:** cA widest width of the Palm, just below the metacarpal phalangeal joints
- cC narrowest point of the Wrist сE around the Elbow joint and into
- the crease of the elbow $\mathbf{c}\mathbf{G}$ top of the Arm, just below the axillary crease

Lengths: IA-C the length between point cA

(widest width of the palm, just below the metacarpal phalangeal joints) and point cC (narrowest point of the wrist) IC-G the length between point cC (narrowest point of the wrist) and point cG (top of the arm, just below the axillary crease)

NB $\mathbf{c} = \text{circumference}, \mathbf{I} = \text{length}$ All length measurements should follow body contour. All measurements to be in centimetres.



	Small	Medium	Large	Extra Large
adyWrap [®] Arm				
	Axilla Circumference	Axilla Circumference	Axilla Circumference	Axilla Circumference
	(cG) 22-29 cm	(cG) 26-36 cm	(cG) 31-43 cm	(cG) 36-50 cm
(IC-G)	Elbow Circumference	Elbow Circumference	Elbow Circumference	Elbow Circumference
(3 x lengths)	(cE) 19-26 cm	(cE) 24-33 cm	(cE) 29-40 cm	(cE) 30-43 cm
	Wrist Circumference	Wrist Circumference	Wrist Circumference	Wrist Circumference
	(cC) 13.5-17 cm	(cC) 15.5-20 cm	(cC) 17.5-23 cm	(cC) 17.5-23 cm
Short				
Beige up to 43 cm	104514	104508	104502	104520
Black up to 43 cm	104515	104509	104503	104521
Average				
Beige up to 46 cm	104516	104510	104504	104522
Black up to 46 cm	104517	104511	104505	104523
Tall				
Beige up to 49.5 cm	104518	104512	104506	104524
■ Black up to 49.5 cm	104519	104513	104507	104525
adyWrap [®] Gauntlet				
	Length (IA-C)	Length (IA-C)	Length (IA-C)	Length (IA-C)
	up to 12.5 cm	up to 13.5 cm	up to 14.5 cm	up to 15.5 cm
	Wrist Circumference	Wrist Circumference	Wrist Circumference	Wrist Circumference
	(cC) 13.5-17 cm	(cC) 15.5-20 cm	(cC) 17.5-23 cm	(cC) 19.5-26 cm
	Palm Circumference	Palm Circumference	Palm Circumference	Palm Circumference
	(cA) 18-20 cm	(cA) 20-22 cm	(cA) 22-24 cm	(cA) 24-26 cm
Right Beige	104498	104496	104494	104500
Right Black	104499	104497	104495	104501
Left Beige	104490	104488	104486	104492
Left Black	104491	104489	104487	104493

ReadyWrap[®] User information.

A full holistic and vascular assessment should be carried out before treatment. Please refer to local and national guidelines.

Indications

Compression garment for phlebological, lymphological indications i.e. venous disease, chronic oedema and lymphoedema.

To maintain or reduce fluid volume and shape of upper and lower extremity limbs.

Precautions

ABPI <0.8 – compression therapy should only be used under strict medical or vascular specialist supervision.

Not suitable for ankle circumference of less than 18 cm unless padding is used to increase the ankle circumference to 18 cm or more.

This system may be unsuitable where there is heavy exudate and for large wounds.

As with all compression systems, caution is required when

- cardiac overload is suspected
- patients have diabetes
- patients have advanced small vessel disease
- arterial disease is present
- renal failure is present
- rheumatoid arthritis is present

Following application, if the patient shows signs of pain, reduced colour or numbness to their extremities, then it should be removed immediately.

Contraindications

- arterial insufficiency or ABPI <0.8</p>
- acute DVT (Deep Vein Thrombosis)
- untreated congestive heart failure
- untreated cancer
- untreated infection i.e. Cellulitis
- allergy to materials
- severe or moderate peripheral arterial disease

Care Instructions for ReadyWrap

General

- use care and be gentle to prevent thread breakage
- stop use if rash, numbness or changes in skin colour occur

Washing

- hand wash in warm water with a drop of mild detergent
- rinse thoroughly in warm water
- DO NOT use bleach or fabric softener

Drying

- lay flat to dry
- do not machine dry and do not iron
- drying time can be shortened by laying the garment on a towel and rolling it inside the towel to collect excess water
- take care to ensure the VELCRO[®] brand fasteners does not contact your towel

Materials

- ReadyWrap uses VELCRO[®] branded fasteners. Contains hook and loop materials commonly called "VELCRO[®]"
- not made with natural rubber (Latex)
- the material composition of ReadyWrap is:
 - 61% Nylon
 - 33% Polyurethane
 - 6% Elastane (Spandex)

Support for Life*

We believe that clinicians and patients who are managing vascular and lymphatic disorders should have easy access to appropriate and clinically effective treatment and advice, in order to feel supported not only at a moment's notice but for life.

To discover more visit www.SupportforLife.com

Customer service

Lohmann & Rauscher offers you an easy solution for self-care compression. If you have any questions, require additional information or if you would like to order, please contact our customer service team, from Monday to Friday:

Lohmann & Rauscher GmbH & Co. KG Westerwaldstraße 4 · D-56579 Rengsdorf info@de.LRMed.com · 49 (0) 2634 99-0

For further information, please visit www.Lohmann-Rauscher.com



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